



How We Can Help

Our highly qualified and trained caregivers are ready to help you and your loved ones with a variety of daily activities such as:

- Caring companionship
- Meal planning and preparation
- Incidental transportation
- Running errands
- Light housekeeping
- Medication reminders
- Monitoring of safety while bathing
- Assistance with bill paying
- Information and referral services

Our personalized services are available seven days a week and can range from a few hours daily to 24 hours.

We are fully bonded, licensed and insured.



**COMFORT AT HOME
SENIOR & FAMILY CARE**

Serving Illinois counties of
Clinton, Bond, St. Clair, and the
eastern portion of Madison

618-588-3014

www.Comfort-at-Home.com

A Proud Member of



*The nation's largest
network of independent
senior care providers*

About Comfort at Home Senior & Family Care

We are local owners running our business with a foundation of strong family values and our commitment to community involvement.

Our Caregivers are local residents sharing similar values to ensure the best care for our clients. Our team of compassionate Caregivers strives to treat our clients as family members so they can remain living in the comforts of their own home.

We want to make a difference in our community by providing high quality care to those in need. Our goal is to offer help to you/your loved ones to maintain their lifestyle at home while being safe, comfortable, and happy.

Susie & Bob Oestringer



**COMFORT AT HOME
SENIOR & FAMILY CARE**

*Helping Seniors
Enjoy the Comforts of Home*

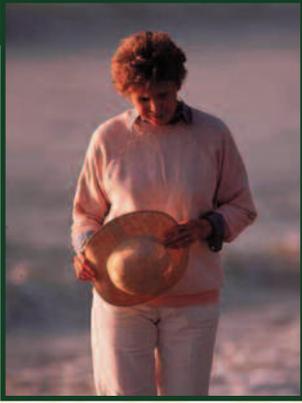


*Providing
Dependable and Affordable
In-Home Assistance*

Call for a Free In-Home Assessment

618-588-3014

www.Comfort-at-Home.com



Clients we *Serve*

We're devoted to seniors and the family members who aren't ready to leave their home for an institutional setting or who live with relatives, but because of illness or chronic conditions need support to remain at home.

Caring for a client often involves family, so we play a role in providing a respite for the primary family caregiver, i.e., a wife caring for a husband or a daughter/son caring for their parents.

Constant caregiving can bring great stress, because the caregiver's focus is centered on the one needing care. Very often we see that when we give relief from daily routines, allowing the family caregivers more time for themselves, the relationship strengthens.

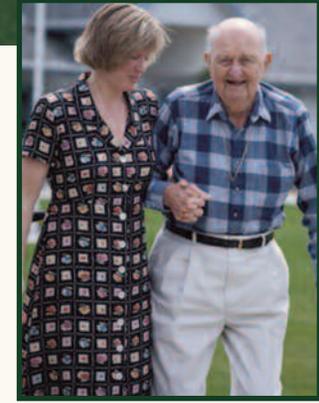


Trust our caregivers are the "cream of the crop"

Our Caregivers are well trained, highly qualified and carefully selected individuals who are thoroughly screened, drug tested, bonded and insured. Most importantly, our priority is to have Caregivers who are completely trustworthy and extraordinarily caring of others.



Our caring service allows our elderly clients to maintain as much independence as possible by providing the appropriate in-home assistance and companionship, lifting the spirits of both the elderly and the family caregivers as well.



How to get *Started*

We will meet with you and your family and jointly determine the scope of care by conducting an in-depth assessment of your (or your loved one's) lifestyle and medical conditions, then evaluate the kind of assistance that is needed.

During the meeting, we explain fully the services available, answer any additional questions you may have, and help with the important care decisions faced by a family with a loved one in need.

Issues covered include:

- Matching the appropriate caregivers
- Daily routines
- Health and medication
- Emergency response
- Nutritional issues
- Home cleaning issues
- Transportation
- Costs of services